

**Yoga Meditation Mysticism
Theology Philosophy**

Book I in Series

**Selected Essays
Lindsay Traynor**

Table of Contents

Selected Essays Yoga Meditation Mysticism Theology
Philosophy
Universal Symbolism in Religious Texts
I.
II.
Snake Charmer
Burning
Love Miner
About the Author
Book Cover
Books by the author:

Selected Essays
Yoga Meditation Mysticism Theology Philosophy

Book I in the Series

Lindsay Traynor

The primary focus of this selection is to reveal the hidden meaning in the symbolism of various religious traditions.

"Seek the real instead of the apparent the base of All is One."

Collated and Edited by the Author

Universal Symbolism in Religious Texts

Religious and other so-called spiritual texts are comprised of many layers of 'meaning.' The most obvious is the literal overt message and meaning. However, more often than not, locked inside these narratives, discourses and inspired texts are hidden messages and meaning that evade those not sensitive or studious enough to work tirelessly to understand the universal message and truths contained in all these texts.

The following paper offers an interpretation based on well-known symbolic representations familiar to scholars, pundits and initiates, which at various times in the past were kept secret and hidden from the profane in order to preserve the essential meanings and message intended.

Readers would note that the Christian Bible was subjected to such political interference by Emperor Constantine and his Nicean council which banned and burnt many early Christian texts and persecuted those that did not subscribe to their political 'Christianity.' Though in recent times many of these texts are being re-discovered.

One such gem is The Gospel of Thomas, which due to the fact it did not require any external church or religious organisation to know God the creator directly and issue passports to heaven, earned its exclusion from today's political Christianity/New Testament; notwithstanding there remain many hidden messages in the Gospels that evaded Nicean editors.

Some readers may be surprised by the meaning behind the symbolism, others more orthodox and doctrinaire may be shocked; however, the serious seeker is able to validate the interpretations offered below with some research effort, which is more than can be said for institutional major religions, as no-one is able to validate their 'authority' or the 'heaven/paradise' they offer their enslaved believers.

Never forget that God-knowledge or Self-Realisation is not only your inherited birthright/gift from the creator, it is aided by that same force.

There is no law but Love.

Peace.

I.



Inverted human central nervous as symbolic Tree

This is a short paper on the hidden meaning behind common symbolism in the Old Testament and other Biblical/religious writings.

Before proceeding we must first address all 'sacred' texts in the context in which they were produced.

You will note I am writing as a scribe in the context of a tribal/national culture using language specific to that culture. I am therefore bound by culture-specific formalities, signs, symbols and structure. As a modern scribe I am not mystified by the tools of my trade, no more than a painter is by the colours on his palette, hence I am easily able to 'see' what the untrained in the art miss.

Language consists of loaded signs/symbols that allude only, as words are never the thing described; as a result, the intended meaning or message may or may not be understood, such are the limitations of all languages.

So it is that one must read symbols and signs according to their culture-specific meaning -- be aware that intended meaning is not debatable or up for subjective interpretive 'grabs' or conjecture,

regardless of how abstract or vague a 'sacred' text appears. All 'sacred' texts contain very clear messages; indeed, once one becomes familiar with specific 'linguistic' styles and symbolism, meaning almost leaps off the page.

Now to the Old Testament and Genesis; a text laden in symbolism, signs and allusions which reveal specific meanings to the trained eye, not fanciful or the usual literal misinterpretations,

We note almost immediately in Genesis Adam and Eve, the Serpent and fruit-bearing Trees that are intentionally introduced into the narrative. The two protagonists Adam and Eve, (representing polarity) and the antagonists, Jehovah and Lucifer are also introduced.

Jehovah is immediately identified as a didactic, authoritarian lawgiver of the 'shall do' and 'shall not do' simplistic school of authoritarianism; note that the antagonist, Jehovah, is not at all a likeable character; he *threatens* all manner of vile damnation if 'his' laws/demands are not followed to the letter.

This uncompromising, no second chances, 'control freak' *demands* complete obedience and subservience from his 'servants.' His modes of operation are immediately identified as threatening and violent, utilising fear and punishment so the first 'sins' recorded though implied, are Jehovah's. *[Now note the characteristics of the three major religions that subscribe to this God today?]*

However, the above is the exoteric aspect of the story for the uninitiated masses. In contrast, the textually aware -- that fear no textually created external God -- there is the intended meaning of the scribes that encoded the narrative, which meaning is hidden from the eyes of those not trained in the art of writing; the intended message is very clearly transmitted through the symbolic lexicons of the time.

Note that in the historical period (as now) the Serpent metaphor represents secret and wonderful knowledge (power). We note that

the serpent in the story is curiously located in a Tree, distinct from the usual habitation on the ground where one would expect to locate a snake. In the given context the tree and serpent refer not to a plant or snake but to certain somatic and psychological components of the human being – as all religious texts are human in origin not otherworldly or 'divine.'

The somatic aspect of 'trees' in the human body is the central nervous system, spinal cord, brain, plexuses/ganglia and the serpent refers to the moving neural currents or dynamic forces that move in the nervous system. Adam and Eve here represent the polar currents of that dynamic/living force. The relative 'upward and downward' directions of that force are given qualitative characteristics. Readers would also note the 'Tree' is adorned with 'fruit,' which symbolically refers to the endocrine system, particularly glands in the brain.

To remain in traditional context but jump ahead, the Rabbi Jesus is known to have healed the 'blind,' and to have made the 'dead live' -- there's a very strong hint in the same symbolic language of the New Testament. Jesus in the process of healing a 'blind' man asks whether the man is able to see; the person responds, "*I see men as trees walking,*" a very curious statement to make but one that reinforces the continuity of the text for the aware. 'Seeing' here used denotes enlightenment, the blind are the ignorant and the sighted are the aware. Trees do not walk but men with central nervous systems adorned with endocrine 'fruits' do.

In reading/decoding any 'sacred' or religious text be aware that the stories are written by man for man, they cannot be anything but, as nothing exists outside human experience. So, if we want answers we should look to ourselves, as within you is the doorway to eternity and all answers to all questions.

Sacred texts speak of the means to that 'secret' knowledge and the pitfalls and failures of those unaware of it.

Now in the context of man, what are the physical polarities of the cerebro–spinal system? Yes, the brain at the top and the genitals at the opposite end.

The neural or ‘serpent’ force, which promises all knowledge, is expended largely by the brain and genitals, think (without guilt) about it. The texts are inferring that if we wish to gain knowledge the serpentine force should be allowed to spontaneously travel to the brain uninterrupted by binary oppositions, good-evil in this context; however, if the force is squandered via over-indulgence or sensual and other abuses, the brain is deprived of full function-- and you wonder why over 90% of the population today, faced with constant titillating stimuli from today's mass media, are mindless morons and slaves to their senses -- hence, as in all historical periods, the truly enlightened and aware are very few indeed. Awareness or enlightenment requires a certain cultivated mental discipline/strength, attitude and ‘poise,’ which qualities escape the slothful, sensual, over-indulgent, indolent, lazy and fearful.

Give yourself a chance, an opportunity to fulfil your full potential and allow the serpentine nerve current, which is generated spontaneously in a healthy being, to reach the pineal/pinnacle gland (such fruit is worthy of the few) in the brain.

And remember, there are no Gods but man. However, further development of the story is required for the masses.

II.

“... I see men as trees, walking”

I hope you haven't missed the 'symbols for the trees' in various religious texts.

Tree symbolism is common to all cultures and religions but why and what does tree symbolism hide from the profane?

I first became intrigued by a description in the NT, which appeared to be just another healing by the Christian saviour; however, this one was different in that a minor ritual was performed by Jesus Christ to restore 'sight' to a 'blind' man -- I would add that none of Jesus' healings should be taken literally, especially raising the 'dead' -- remember, let the 'dead' bury the dead. Surely we are not children or stunted in our development that we require irrational fantasy to replace rational reality (pigs do not fly and neither do men!)

I refer to a passage in Mark 8 -- “...*I see men as trees, walking.*” A number of textual indicators are used by scribes to announce that this is no ordinary event and that the reader should pay closer attention.

Notice how the saviour engages in a minor ritual healing rather than the usual 'walk' or 'touch,' instant coffee healing; Jesus the phallic God of resurrection spits on this man's eyes and then asks what do you see? The very odd answer is as above. How so? We are immediately returned to the Garden of Eden and the prohibition placed on the tree of Self-awareness (good and evil) by order of the homophobic, homicidal, genocidal, misogynistic, psychopathic God, Jehovah, (modern Israel explained). In other words, do not endeavour to harmonise and synchronise your polar circulating nerve currents and flood the brain with neural 'light' (soma) and free yourself from the endless binary struggle of opposites (good-evil etc, add infinitum) -- remain ignorant, subservient and manageable at all

times and be good fearful slaves to authorities.

Notice how the blind man's answer, indicating clairvoyant vision, does not faze Christ in the least, whereas he sweated blood at the *thought* of his crucifixion, well, no human is perfect.

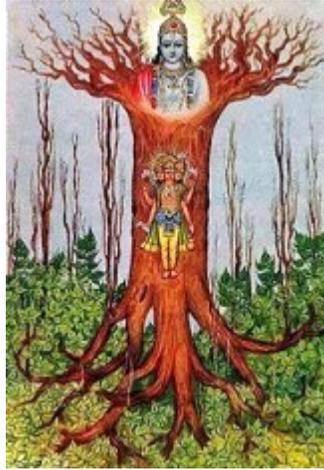
We have read in the OT that God appeared to Moses as a bush that burns without burning -- very curious but what does all this kinetic (energetic) vegetation signify? I'll give you a hint; the Kabbalistic tree of life requires 'climbing' (development) to reach the supra-normal, it is a vital not static morbid representation. The climbing or ascension of (kinetic) vital energy is often represented as a serpent (read the symbol and metaphor-saturated [Emerald Tablet](#). This symbolism is universal/archetypal). I hope that it is all now beginning to make sense.

Now consider all the representations in various cultures of psychic anatomy; Chinese chi currents, Hindu chakras and kundalini and Persian body currents in medical, psychic anatomy. You should now note that the closest thing to 'trees' in the human body, is the central nervous system, so you shouldn't have any more trouble with tree, kundalini, chakra etc symbolism -- God/Truth is realised via a harmoniously synchronised central nervous system and brain -- should I now mention the endocrine 'fruit' on the trees?

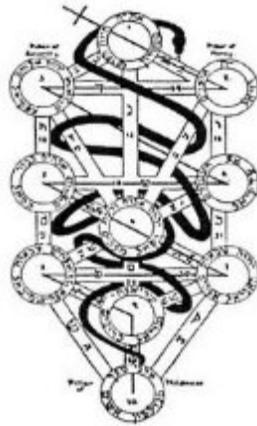
The 'tree' the jealous God of the OT does not want you to eat from, as you would then be all-knowing and equal in knowledge to the creator, is the secret locked in the human central nervous system, associated nerve ganglia and endocrine system -- but we've got news for him! Cheek aside, the tree is not in the Garden of Eden (paradise) for nothing.



Firing neurons -- burning bush



Hindu Representation of the tree of Life



Kabbalistic tree of Life with ascending serpent



Kundalini and Chakras representing awakened serpent power

Snake Charmer

like a moving cloud that slowly shifts
and drifts in the sky oblivious to the
tribulations of the earth below --
unshackle the chains of cultural
formality and free urself in order to Be

it comes like a tantalising tug on the brain
followed by a pleasurable tightness in the
solar plexus, a poem approaches from the
collective creation of all things

u see, i am a thief, i write nothing, i have
learned to allow the poem to write itself
while i play medium to a million muses
and other forces that appear and disappear
like clouds in the sky

this method saves labouring and endlessly
editing, the poem knows what it wants to say

a serpent rouses from its coil and raises its
head scanning everything with its penetrating,
dangerous eyes -- it tastes the wind with its
flickering tongue

i know this serpent well, it lives at the root
of a tree that extends its branches
to infinity

i know what i must do, chase this viper up
the tree to prevent it becoming a dangerous predator
and waste its enlivening power and special
abilities

move rhythmically charming it until it
becomes transfixed ready to strike
the person that disturbed its repose

breathing rhythmically use ur Eye to attract
its gaze but do not engage the real organs
of sight as the viper detects weaknesses/
perversity and seeks that opportunity
to kill or ruin

but not this time slippery foe, lethal friend;
allow it no direction but up to the branches
where it is free to decide which electric
branch it will take to infinity

in the middle of the dense foliage of leaves
and sweet fruits a light emanates which
signals success, the gate to paradise is thrown
open, enter and confront reality which route
has here been transcribed

a word of warning,
should u encounter this serpent, it will resist
and struggle to remain earth-bound, u must
guide, lure or force it to go where it usually
does not; u see, this serpent imagines it cannot
climb trees yet u must succeed in luring it
upwards or risk losing ur sanity and possibly
ur life

success achieved be free and enjoy ur reward,
course freely in the endlessness of paradise
where nothing can disturb u again
as u have earned complete Freedom

You have Overcome

Burning

the bush is burning, snapping synapses,
crackling like neon wasps revealing an
open monologue to god but it's me
doing all the talking, which serves to
increase the heat turning red fire into white
ethereal smoke rises from thought
as the bush sets the trees of Eden on fire
burning with a heat that neither consumes
nor sings flesh, an awakening perhaps?

this is no candle in the wind, its furnace heat
moving up through layers of antiquation,
residual conceptions and failed ideals
no longer necessary or useful, this fire dims
the sun and immortalises being --
every book read and the opinions/theories
contained therein reduced to ash in an instant

uncoordinated synapses now fire in harmony
without thought to interrupt the flow that
answers all unasked questions like the swirls
of Van Gogh and the syntax/poesy of Rumi,
they also spontaneously combusted

the cool drear of the herd baying in the
background betrays them as servile, mindless
beasts, only this fire cleanses mind and reveals
what has been secret for millennia: that there is
no hidden secret, only ignorance and folly upon
which meaningless cultures are built leading
nowhere, or rather to sorrow, pain and despair

the time is always now, enter the white cleansing
flame and burn with me until the difference

disappears leaving only the distilled, pristine
ineffable perfection of One

Love Miner

what arises from dust returns to dust so much for the body, a cumbersome temporary vehicle that tangles awkwardly to express that breath of life which is not of the body -- recorded metaphorically as a creator breathing the spark of divinity into a 'clay' vessel; in other words life is something bestowed which cannot be destroyed as it issues from the forever, eternity, though it must struggle through its containment in a gross vehicle, which is the challenge here

and so the body makes demands that issue from the spark or soul longing for return, though contorted, as light is distorted, some say polluted, by dense matter

we have sexual/survival demands though the same apparatus assists in soul manifestation, the exact same nerve plexuses and vital currents that deliver orgasms in the body deliver the soul to paradise though the movement is turned

notice the effects of sexual interaction and the effects on the endocrine system, all manner of moods and emotions are released beneath which is the glorious engine, the Love machine, which longs to return from whence it came in perfect unity with creation/infinity, yet we, if not developed, imagine it is focused on another entity, body or person, not so, the other is You and you are the other

that Light/Love is the most rarefied energy, the opposite of the gross body though we are faced with transforming the gross into fine and the fine into the most rarefied energy that exists

notice how activating the sexual sacral plexus and the store of energy in the solar plexus overtakes the entire entity, momentarily, which creates the desire to repeat that event until either one understands *desire*, or one depletes the vital store and ruins the body which utilises it for health, well-being and liberation

it is not the sexual act in itself that enslaves it is the misunderstanding of the vital energies both trapped and expressed in and through the body

so where do we go, as go we must, backward or forward as there is no standing still in this universe?

indeed due to ignorance and lack of development most devolve as culture does its best to deplete these energies or harness them for destructive purposes -- we are all to blame for this perversion

have you ever wondered why the lotus flower has been chosen by numerous cultures to represent the lofty and spiritual? its seed takes root in the mud and sludge and then it rises through turbulent waters stirred by rain and wind to flower in the sun, which flower is impervious to the waters and sludge from which it developed; no secret, as the lotus is a metaphor of our task to rise above that which would ensnare, drown and pollute, which translated, indicate matter/body (mud) and emotions expressed as turbulent water, how simple and clear the message behind these representations are. you should now be able to understand Jesus walking on (above) water and why petulant, impetuous Peter began to drown, as he simply was not master of his emotions, plain to read

the vital currents must bloom in the 'sun' so to speak, and that sun is the self-same creative principle that originally bestowed the animating principle into lifeless clay, as only life creates life, humans merely supply bodies for souls to dwell in and develop, however, the Life is the primary principle

i am somewhat perturbed that i was forced to express this in prosaic form as i am a poet and prefer the artifices of that art form, yet it was deemed necessary to be as clear as possible in order for as many as possible to understand

be aware that all genuine religious texts allude to these principles, allegorically and metaphorically but never literally, they were/are

written by those aware of the flow of life and the challenges that confront humans on this plane; the literal truth was/is hidden intentionally so the profane would not detect, distort or remove the hidden message

however, these methods are no longer necessary as the purging and great awakening now presents, either learn or die, as the time is ready and irresistible. all things reap what is sown, karma or however you would prefer to name it, and so it Must go ...

surely you are able to read the overt signs of perversion reaching its pointless end and the harmony that goes begging for want of expression. let it be stated that universal harmony always prevails as infinity would not BE unless the laws of existence were/are Perfect. that which antagonises or obstructs (discord) the universal flow of love/life is destined for complete eradication as it has chosen that end.

to offer proof of the finality of perversion simply turn on your televisions or other 'media' devices and see clearly what is presented -- division, hate, violence and all manner of perversions -- how tragic for those unable to separate themselves from this pollution.

Be aware and Beware

Rise above and rise again, save yourselves from the perverse and enter the realms of light and life/love everlasting. the sad fact remains that no-one is able to enlighten you as we are all equipped for the purpose. Perfection requires no assistance, as do all the tragic man-made Gods that order humans to do this or that, beware the slave masters that utilise religious shackles for their own sinister purposes and Note that religions have spilled more blood on this earth than any other causative social factor. Man's gods are impotent, yet life and love persist forever in harmony with all/itself, expressed as the eternal dance of creation.

About the Author

Lindsay Traynor is an Australian poet and mystic though he was born in Eastern Europe to parents raised in Canada and Australia respectively who were both in Eastern Europe after WWII.

He arrived in Australia before schooling age and has lost his mother tongue as a result, as both parents were fluent in English and the mother tongue was hardly heard.

Nevertheless, it seems that an early cultural imprint remained as his country/culture of birth is well known for producing an abundance of poets of an unusual kind.

Lindsay is a prolific writer and has produced the equivalent in text of around 50-60 novels over the past sixteen years though mostly in the form of articles on varied topics and poetry, his favourite medium.

I was asked to collate and edit some of his poetry from over one thousand poems on varied subjects, as I was once the moderator of his poetry website. I was extremely pleased to be able to do so as I had a free hand in selection, though Lindsay asked for a few other pieces to be included, for reasons which should become apparent to readers.

There are many more poems and other material which I hope to be able to collate and publish after the publication of these introductory eBooks – *moderator/editor of ozpoetry website*.

Book Cover

Is a diagrammatic representation of the 72 thousand Yogic nerve currents, 'nadis', which in western terms is the Real 'burning bush' of the Old Testament.

Books by the author:

Infinite Consciousness

Love and Erotic Poetry

Sun Moon Star Poetry

Nature Poetry

The Poetry of Transformation and Revolution

The Poetry of Life and Growth

Selected Essays I

Selected Essays II

Selected Essays III

Selections Mystical Prose and Poetry I

Selections Mystical Prose and Poetry II

Selections Mystical Prose and Poetry III

Selections Mystical Prose and Poetry IV

Selections Mystical Prose and Poetry V

The Dragon's Egg Prose and Poetry of Experience and Liberation

Plumage Poems of Inspiration Growth Revolution and Freedom

Rejected Poetry Book I

Rejected Poetry Book II

Selected Articles and Poetry Volume I

Selected Articles and Poetry Volume II

Available free and unrestricted in all popular reader formats [here](#) and on specialised Internet [sites](#).